



Professional & Personal Renewal Offerings 2009 – 2010

In support of those who are serving and leading our communities in this tough economy, NH Courage & Renewal has designed new programs to meet current needs.

Paradox: Embracing Complexity in Life and Work Oct. 2, 2009

Learn to hold the tension between opposites in creative, whole and effective ways.

Taking Stock: What Is My Life Telling Me? Nov. 16, 2009

Gain perspective on the events, circumstances, choices and changes of the present to see what next steps make sense for you.

Courage and the Creative Process Dec. 11, 2009

Connecting with your creative capacity will enrich your contribution to your work.

Questions of Calling for Clergy Jan. 19, 2010

Professionals in the Church often find themselves living at the crossing point, called to hold the tension, often in paradox, the vision of what could be and the often difficult reality of what is. How do we stand with courage at the crossing point, able to embrace a broken world while at the same time pointing with hope to a new promise?

Trust: The Key to Relationships Feb. 12, 2010

Starting with yourself, explore ways to make your workplace a safe environment that allows for everyone to make authentic contributions and take creative risks.

Seasons of Vocation March 12, 2010

This day away from work provides an opportunity for all to consider nature's seasons, the cycle which requires us to let go in order to prepare for the new in your life and your vocation.

Listening for Wisdom and Empowerment April 16, 2010

Learn to tap the deep source of wisdom that rests in all of us. Practice listening to others in ways that deepen their capacity to utilize their own resources.

Transition and Change May 11, 2010

Develop a better understanding of the natural cycles of change that we all will face throughout our lifetimes and recognize how we consciously and subconsciously react to those cycles.

NH Courage & Renewal believes in creating open and trustworthy communal spaces in which people can speak their own truth without fear, as well as listen to the truths of others without rushing to judgment. We hold to the fundamental principle of no fixing, no saving, no advising, and no setting straight. By reacting to a variety of "prompts" (including poetry, prose, and visual arts) participants will learn to listen deeply; ask honest, open, questions; speak for themselves rather than for others; and trust their own judgment and reflections. These are not "Share or Die" experiences and we learn the important place humor has in our lives. Participants are given the gift of time to create a supportive community of colleagues, as well as space for solitary reflection.

Because our work with NH educators has been so successful, we are expanding our programs that provide individual and organizational renewal to all those who lead and serve. All of our programs follow the principles and practices of the Courage and Renewal work of Parker J. Palmer. We customize our programs to your organization's needs.

Cost: \$125.00 – includes continental breakfast, lunch and snacks, session materials and certificate of attendance.

Each session held from 9:00 a.m. to 4:00 p.m. at Snowy Owl Inn at Waterville Valley, NH

Refund Policy: Refunds of deposits that are caused by the cancellation of a reservation prior to two weeks before a scheduled session will require an administrative fee of \$25. No refunds of deposits on registration fees will be made for cancellations made less than two weeks prior to the start of a session. Sessions that do not have the minimum number of registrants may be cancelled at any time by Professional Renewal Resources, LLC. We provide a full refund of fees and deposits if we cancel a session.